

**Doug Ulman**  
**CEO, Lance Armstrong Foundation**

Doug Ulman is a three-time cancer survivor - chondrosarcoma (cancer of the bone) during his sophomore year of university, and malignant melanoma (skin cancer) twice - and national cancer survivorship advocate. Always a strong athlete, both at Brown University, and leisurely, Doug returned to the soccer field and helped his varsity teammates to three Ivy League Championships in four years. He has participated in ten marathons, including a 100-mile marathon in the Himalayan Mountains. Over the years, his hard work in supporting various cancer foundations eventually led to the position he is in today as the CEO of the Lance Armstrong Foundation (LAF), based out of Texas. In 1997, just after overcoming cancer three times, Doug founded the Ulman Cancer Fund for Young Adults, a non-profit organization which supports, educates, and is a resource to young adults affected by cancer, as well as their family and friends. He served as Executive Director of the Ulman Cancer Fund for four years.

In 2001, Doug joined the Lance Armstrong Foundation (LAF) as Director of Survivorship and today serves as CEO of the foundation. Founded by champion cyclist and cancer survivor Lance Armstrong, the LAF provides the practical information and tools to help people affected by cancer live life on their own terms.

Doug has also received numerous awards for his service to the community. In 2002, he was selected from more than 20,000 individuals to appear on more than 15 million boxes of Wheaties Energy Crunch as an American Everyday Hero. In 2003, Doug was selected as the Austin Under-40 award winner in the healthcare category, and in 2005, Doug was honoured by both the American Psychosocial Oncology Society and the Association of Oncology Social Workers.

Doug currently holds numerous civic and charitable board positions across the country and is serving a four-year term as the Chairman of the National Cancer Institute Director's Consumer Liaison Group. He also sits on the executive board of the Ulman Cancer Fund for Young Adults and is a founder of the LIVESTRONG Young Adult Alliance.

**Tony Griffin**  
**Founder of the Tony Griffin Foundation**

Born and raised in Ireland, Tony attended Dalhousie University (on scholarship) in Halifax, Nova Scotia, to study kinesiology. For the past six summers he has played Ireland's national sport, Hurling, at the highest level possible; which for every young Irish boy, is a dream come true. Last year, he gave up the thrill of playing in front of thousands of people per week to pursue another dream - cycle across Canada and Ireland to fundraise for cancer.

In December 2005, Tony's father, Jerome Griffin, died after a nine-month battle with lung cancer. A non-smoker all of his life, the doctors told us that he acquired cancer after long-term exposure to asbestos while working in the construction industry. To honour his father's memory, Tony cycled 7,500 km biked across Canada and Ireland. This cycling journey of a lifetime, turned into the founding of the Tony Griffin Foundation, supporter of organizations like the Irish Cancer Society, the Lance Armstrong Foundation, the Ovarian Cancer Canada, and Craig's Cause.

While he is greatly determined, Tony could not have done this without a supportive team that was there for him each step of the way. When he was tired, friends Rob, Ben, and Matt took turns cycling in front of him. When his heart hurt, his mother, brother, and sisters inspired him to pick his head up and think of others less fortunate. When his head hurt from thinking of all that needed to be done, his friends Bruce, Todd, Travis, Annie, Krista, Janice, Eoin, Martin, Carolyn, Ashley, Haley, Ally and so many more took work off of his plate so he could concentrate on cycling.

Tony met new friends on this journey, every one of them now a friend for life. He firmly believes that as human beings, we are merely scratching the surface in regards to what we are capable of. We have more love, ability, and integrity simmering below the surface than is comprehensible.

Tony's mission in life is to tell the world that you can have the life you want, you can wake up every morning excited to be alive and expectant of abundant good. Above all else, inherent in each of us is the ability to do good, and ultimately make the world a better place to live for our children.